## **AIGA 2008 MEETING**

**Product Vehicle Safety & Accident Prevention** 







Co-organiser:

**FMM Malaysian Industrial Gases Manufacturers Group** 

# Defensive Driving Technique: Sharing of Good Practice in Driver Observation & Assessment

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# **Agenda**

- □ The Essence of Defensive Driving Training
- ☐ The 17 sets of habits
- □ The compulsory safety driving habits
- Key Numbers that drivers must remember by heart
- □ Reversing technique
- □ Rollover prevention & Fatigue management
- □ Driver Trainers/ Driver Assessors
- **□** Summary







#### The Essence of Defensive Driving Training.

- ✓ Give the knowledge
- √ Gain the belief
- ✓ Practise until it becomes a new driving habit





#### The 17 sets of habits.

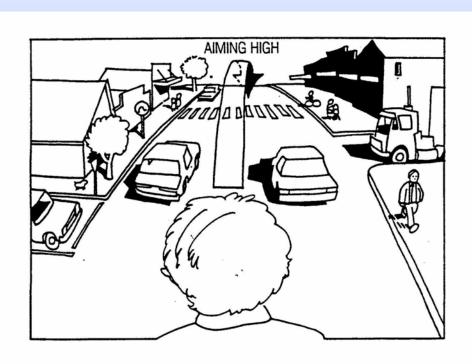
- 1 Check blind areas before moving
- 2. Demonstrate 15-second eye lead time
- 3. Demonstrate 4-second following gap
- 4. Identify space around vehicle/escapes
- 5. Identify groups/clusters in traffic
- 6. Stress checking mirrors every 5-8 seconds
- 7. Stress checking mirror when braking
- 8. List reasons for braking early
- 9. When stopped, explain reason for 5-8 metres space
- 10. When starting, explain waiting 2 seconds
- 11. Discuss scanning intersections before entry
- 12. Demonstrate obtaining eye contact
- 13. Point out bad habits of other drivers
- 14. When appropriate, use five keys by name
- 15. Comment on benefits to avoiding reversing
- 16. Discuss keep moving eyes every 2 seconds
- 17. Demonstrate appropriate action once unable to achieve 15 seconds ELT (eye lead time).







## **Check 15-second Eye Lead Time (ELT)**



Check ELT against fixed reference point correctly 3 times (13-17 second)







# The 4-second following gap

- ✓ Gives you the big picture.
- ✓ Safe stopping distance prevents rear end collision.
- ✓ Understand the difference between "cut in" and coming in safely.
- ✓ Increase more under adverse weather condition.
- ✓ Demonstrated correctly at different speeds.







#### Stress checking mirrors every 5-8 seconds

- ✓ The 360-degree circle of awareness.
- ✓ Distractions in doing and in thinking.
- ✓ Understand the meaning of relevant objects.

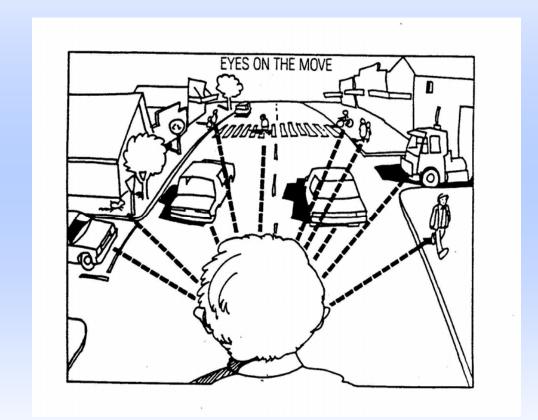






#### 2 types of visions

- Peripheral (180-degree) = early warning sign.
- Central (3-degree) = focus and clear but tunnel vision.



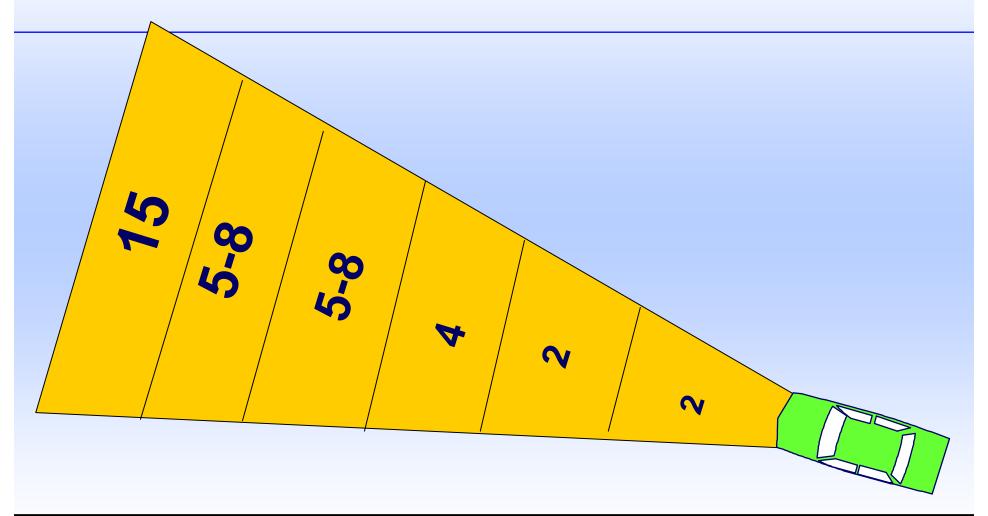
Have alert & active eyes







# Key Numbers that drivers must remember by heart









# Reversing technique

- □ Best way of preventing reversing accident is not to reverse.
- □ Differences of reversing on arrival versus on departure.
- □ G.O.A.L.\* is a must.
- ☐ If assistant is needed, induct him on how to give signal and where to stand.
- □ Wind down the window, turn on the flasher light and sound horn twice.
- □ Reverse dead slow.
- □ Use safety cones to guide and to protect.

\*Get Out And Look

<u>1</u>

2

<u>3</u>

4

Refer to video clips 'watch your back' 1 to 4







#### **Driver Trainers/ Driver Assessors**

#### □ Driver Trainer :

- Competent in both theory-classroom and practical on the road DDT (defensive driving techniques)
- Holder of HV (heavy vehicle) driving license
- Comply with Linde's criteria for Driver Trainers
- Ideal ratio Driver: Driver Trainer = 50:1
- □ Driver Assessor:
- Assign to assist Driver Trainers, part time, in "On the road observation & assessment
- Has been trained in theory and practical of DDT and has been coached on how to perform commentary driving
- His current job involved with transport operations or passenger car activities









# **TRAINING AID**







# Summary

- □ Knowing the techniques is not enough, one must constantly practise and apply on and off duty.
- □ Defensive driver :
  - always ready to prevent accident by a courteous and generous act.
  - Keep your temper, one can't be angry and be a defensive driver at the same time.
  - Has mental attitude, the physical ability, the knowledge and skill to face successfully all types of road hazards.



